

November Newsletter

Firstly, for Years 11 and 13 there are fewer than 100 days of school remaining before they sit their respective GCSE and A-Level exams and I have been encouraged by the numbers of students making use of additional time during and after school to study. The students have recently undertaken their Pre-Public Examinations (PPEs), these will give us and the students a very good indication of where we need to focus our efforts moving forwards.

These results will be presented to the students and parents as part of a results evening in the very near future. We need all our Year 11 parents and students to attend in order to capitalise on the advice and resources that will be shared. Here we will also provide guidance as to how you can support your son/daughter with their studies over the Christmas break and for the remainder of the year.

With the students' positive attitudes, and your ongoing support, I am confident this will be another very successful year for all of us at Central Academy.

November is the month for reflection, none more so than the 100th Remembrance Day commemoration that took place recently. I have now had the chance to witness this at the Academy a

number of times and the manner in which all students and staff show their respect to all those who have fallen in conflict is a powerful experience. Once again, I am very proud and impressed by the way our students conduct themselves.

It is a very emotional event and one that embodies many of the values of Ambition, Confidence, Creativity, Respect, Enthusiasm and **Determination** that are apparent within the culture of the Academy. These are the things we want to see in all our young people as they grow and become active in the wider community.

Alongside our ambition to ensure everyone is safe, happy and successful during their time here, taking a moment to pause and consider the important things like those we love and those we have lost, is as important as anything we do here at Central.

Other News:

Maths - The first Maths Challenge of the year took place in school on Tuesday 6th November. The Senior Maths Challenge is open to post-16 students across the country, and saw our Year 12 and 13 Mathematicians setting the standard for the rest of the student population to follow later in the year. Year 13 can be

proud of the two silver certificates won by Kacper Pazkowski and Adam Maciejewski, with Adam winning Best in Year. Raquel Jacobetty and Oliwia Zagrodna of Year 13 won bronze certificates, as did Joe Riley, Kieran Dalziel and Charlotte Beagley of Year 12. Charlotte and Kieran received the same score, and thus were tied as joint Best in Year. Our heartiest congratulations to all of those named, plus all who took part in the challenge. It will be the turn of Years 9-11 to face the Intermediate Challenge in February of next year; we wish them every success!

Science - It was with great excitement and anticipation that we waited for the inaugural Christmas Lecture on 'Vampires.' It is a tradition in the world of science to have an annual Christmas lecture. and so it is at Central Academy. Dr Kathryn Harkup, a nationally recognised scientific writer and blogger came to Central Academy to give a talk on 'Vampires.' She explored the myths and legends of Vampires as well as analysing the scientific evidence for and against their existence. She covered various topics including genetically inherited diseases and the effects of diseases such as rabies which are caught from infected animals such as the vampire

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bat. The talk was very informative and will start a long tradition of Christmas lectures into the future.

Children in Need: Students at Central celebrated Children in Need 2018 with a non-school uniform day and raised an incredible £1,125 towards the charity. Well Done to everyone!



Sport - Lord Taverners County Boccia Competition - Some of our Year 8 and 9 students got the chance to experience a new sport in the form of Boccia down at Kendal Leisure Centre. Both teams had a slow start to the competition as they both lost their opening games but they went on to win their remaining games and therefore winning their respective groups but unfortunately they were both defeated at the quarter final stage. A great day was had by all and their experience will hold them in good stead for future competitions.



Cross Country - On Friday 16th November students from Year 7 competed in the Carlisle Schools Cross Country event at Austin Friars School. We were one of few schools who managed to enter two teams for both the boys and girls race. The students did themselves and the school proud with the girls' team finishing in third place and the boys team finishing fourth.



We had some brilliant individual performances which resulted in the following students being selected to represent the District; Dominika Milosz, Lucy Mitchell, Charlie

Ellison, James Campbell and Luca Gadsby.



On Wednesday 21st November students from Years 8, 9 & 10 competed in the Carlisle Schools Cross Country event at the Sheepmount. It was an extremely cold afternoon but the students were as ever resilient and did themselves and the school proud. The following students ran extremely well and as a result of their finishing position they have been selected to represent the District; Mikey Norman Baty, Alex Holmes, Connor Moran and Sammi-Jo Norman Baty.



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Newcastle Falcons Rugby Trip - The second rugby trip of the year with the PE department saw 39 students head off to the north east on Friday 23rd November for the Premiership game against Bath. A mixture of Years 7-11 students, boys and girls enjoyed the trip over and first port of call was food for all, from inside the stadium. Everyone enjoyed taking in the atmosphere in the stadium until the main warm up where we had the opportunity to see international players at close quarters as they were put through their paces right in from of us. Part of the fun was trying to avoid being hit by the kicking practice with everyone trying to catch a ball in the stand. Although it wasn't the greatest game of rugby all of the students thoroughly enjoyed the atmosphere and the game which ended with a great result with Falcons winning 16-8. We are hoping to get some more trips out to sporting fixtures in the new year!

Sixth Form - Year 13 'A' Level Textile and Art students had the opportunity to visit the Country Living Design Fair at the SECC in Glasgow. Mrs Bulman, Subject Leader for Art was exhibiting her ceramics and art work and she enabled the students to gain free guest passes for the day. Over the

course of the day, the students had the chance to see artists, designers and craftsmen work as they displayed a wide variety of products, using a broad range of techniques, media and materials. Danniella **Graham** said, 'I gained real insight into how creative activities translate into ways of making a living'. Olivia Eplett agreed and added, 'the level of craftsmanship, quality and individuality was quite striking; it was so motivating to see how our creative skills can work in the real world.' All the students have gained something from the day that they feel will add to their personal statements for future applications, as part of the next stage of their career plan.



Health & Social Care - On Thursday 15th November the Year 12 and 13 Health and Social Care students were provided with an interesting

talk about a course delivered at Cumbria University - BA (Hons) Working with Children and Families. Caroline Larmour, one of the lecturers who is also Course Tutor on the programme stated the course is ideal for anyone who wants to make a difference to the lives of children, young people and families. The programme would help develop the knowledge and skills needed for a career across a range of professional areas.

The students interacted with Caroline, answering questions about a case study she shared, linking parts of their Level 3 curriculum into their replies. Caroline discussed how the partnership programme worked at Cumbria University and the summer schools that were available.

She went on to explain about a Foundation year that is available to students if students fail to get the points they require, and also about a loyalty scheme that is available to students if they get a 2.1 or above they will be able to access a free MA. Areas of work that students could go into following this degree would be child psychotherapist, counselling, family support worker, play therapy, social work or youth work. The students thanked Caroline, many taking her email address to contact her for further advice.

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I look forward to seeing you in the near future.

Yours sincerely



Mr Gilby Principal

Calendar:

- Tuesday 4th Dec
 Y11 Parents' Evening
- Mon 17th Fri 21st Dec
 UL Maths, Eng & Sci Exams for Y7, 8 & 9
- Tues 18th Dec
 Awards Evening
- Wed 19th Dec
 Y7 & Y8 Carol Service
- End of Term Fri 21st Dec
- Mon 6th Jan, 2019 INSET Day
- Tues 7th Jan, 2019
 UL Planning Day
- Spring Term Begins Wed 9th Jan, 2019
- Wed 9th Fri 18th Jan
 Sixth Form Mock Exams
- Mon 21st Fri 25th Jan
 Y7, 8 & 9 Assessment Wk
- Mon 21st Fri 25th Jan
 Y10 Mid Year Assessments
 Eng Lang & Maths

- Tues 22nd Jan
 Sixth Form Open Evening
- Mon 28th Jan Fri 1st Feb
 Y7, 8, 9 & 10 Assessments
- Mon 4th Fri 8th Feb
 Y11 Eng Lit UL Exams
- Thurs 7th Feb Y10 Parents' Evening
- Mon 18th Fri 22nd Feb Half Term
- Mon 25th Feb
 Y11 Maths UL Exams
- Mon 4th Fri 8th Mar
 Y11 UL Science Exams
- Tues 5th Mar Y7 Parents' Evening
- Thurs 21st Mar Y8 Parents' Evening
- Thurs 28th Mar End of Spring Term
- Fri 29th Mar
 UL Planning Day
- Fri 29th Mar Fri 12th Apr Easter Holidays
- **Mon 15**th **Apr** Summer Term Begins
- Mon 15th Fri 19th Apr
 Y7, 8 & 9 Assessments
- Fri 19th Apr Good Friday
- Mon 22nd Apr Easter Monday
- Tues 23rd Fri 26th Apr
 Y7, 8 & 9 Assessments

- Fri 26th Apr
 Big Dance
- Junior Maths Challenge
 Tues 30th Apr
- Mon 6th May
 May Bank Holiday
- Tues 7th Fri 10th May Interim Reports
- Mon 13th May Fri 14th Jun GCSE, AS & A Level Exams
- Mon 13th Fri 17th May Y10 Work Experience
- Thurs 16th May
 Y9 Parents' Evening
- Mon 27th Fri 31st May Half Term
- Mon 17th Jun Fri 5th Jul KS3 & Y10 End of Year Assessments
- Thurs 20th & Fri 21st Jun Y5 Open Days
- Thurs 20th Jun
 Y5 Open Evening & Art
 Show
- Fri 21st Jun Y13 Formal
- Fri 28th June
 Y11 Prom
 Mon 1st Jul
 Y6 Induction Day
- Fri 19th Jul
 End of Summer Term

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